

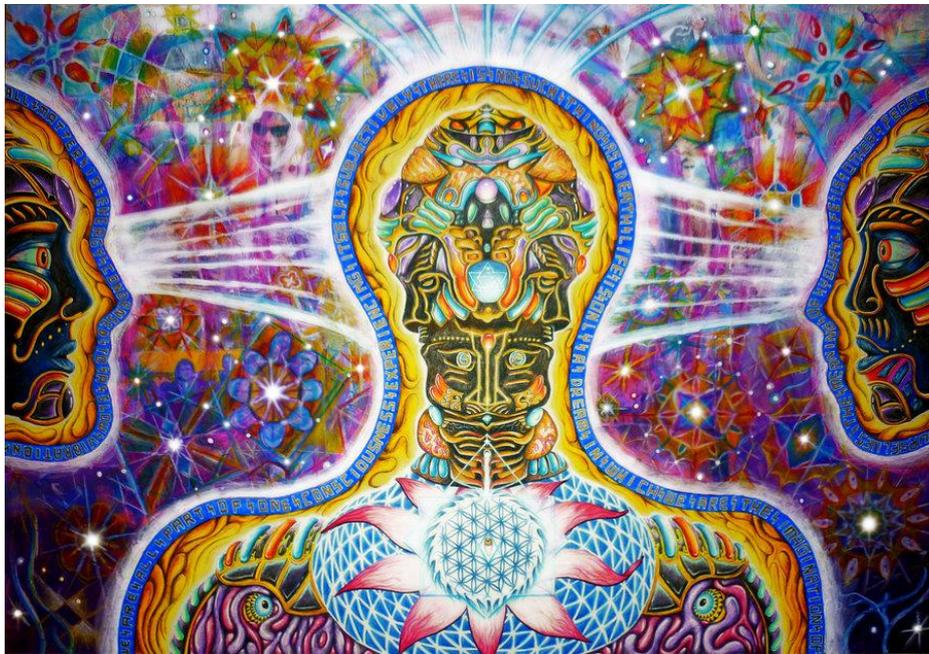
The Universe on Ketamine:

A personal journal documenting ketamine mindscapes

By

Willard G. Van De Bogart

(Entries from Nov 1978 – July 1983)



by

Willard G. Van De Bogart

Dedicated to the late Dr. Rolf Von Eckartsberg

Social psychologist, Duquesne University

Introduction:

Before writing about my experiences with Ketamine I had to decide what those experiences were and how I could translate them for others to experience. Once the Ketamine takes effect the mind is transported to a realm where words do little justice in describing the experience. However, the words are the best tools I have at the moment except some drawings, and even these expressions are distant representations of the "Universe on Ketamine".

I do believe that Ketamine opens up a complex arrangement of impressions about the psyche. The word imagination could act as a key in allowing me and the reader to enjoy these descriptions or perhaps fantasy would be another description of the Ketamine experience. Omni-directional can also act as a directional reference in Ketamine space. There is a phrase which states "form follows function". The mind can see forms in nature and therefore the neural patterns of those forms reside in the psyche. Ketamine is very kaleidoscopic in as much as new psychic patterns constantly emerge for one to experience. Each pattern is accompanied by thoughts which are related to your own life. The mind or psychic landscape is an infinite reservoir of impressions. Humans are exploratory living organisms and there have been revealed new worlds with newly invented technological tools.

Within the brain there are sections which act as the "cortical scouts". Ketamine provides the experience to participate with the natural genetic system that projects itself into space and time. As we approach the 21st century I am certain there will be "Mind Parlors" whereby this exploratory function of the mind will be honored without fear. Unfortunately there has been a wreck less use and little understanding of all psycho-active substances. This state of affairs has prompted repression of the potentials the mind can experience with newly invented psycho-pharmacological substances.

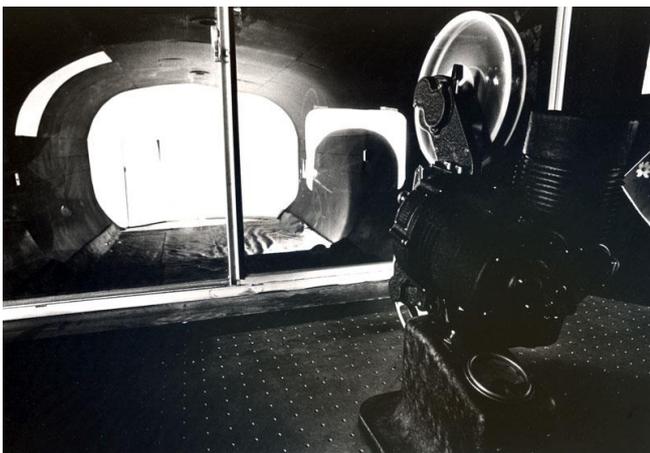
However, as the planet earth continually develops threatening life extinction tools it is only natural that life enhancing tool would follow. There has been to date some excellent progress in research into psychoactive agents, but not nearly enough to offset the advances in destructive systems. It is not, however, my purpose to develop any political or sociological reasons for why psycho-active agents are in use. It is my intention to provide the reader with a document of personal experiences and impressions.

Mind Parlors:

A Mind Parlor is an environment which is conducive to experiencing the affects of psycho-active substances. The need for such a space becomes apparent when Ketamine is used. Ketamine is for the most part a mental experience. There can be no physical motor functioning while experiencing Ketamine. The body can be in any position it wants to be in as long as there is no obstruction to breathing. I have experienced Ketamine sitting in a chair, lying on a bed, and on my knees with my head in a pillow. Once the Ketamine takes effect on your system you stay pretty much in the position you began with. However, unless you have experience with Ketamine I suggest you are safely lying down otherwise you may not be able to navigate to a comfortable spot and would immediately collapse in whatever space you were in. Ketamine anesthetizes the motor functions, so there is no way to be mobile consciously while on this substance.

A Mind Parlor is a place to contemplate, as well as meditate. A Mind Parlor would be a place where spiritual aspirations are sought. A Mind Parlor can be designed in many ways using many embellishments.

I constructed my first Mind Parlor in 1968. During that time it was referred to as a "Film Chamber". http://www.earthportals.com/Portal_Messenger/filmchamber.html Experimental films were shown inside to gain an expanded 3D sense of perception with light projected on a curved screen. <http://bit.ly/dfBibl>



Mind Parlor to show film 1968



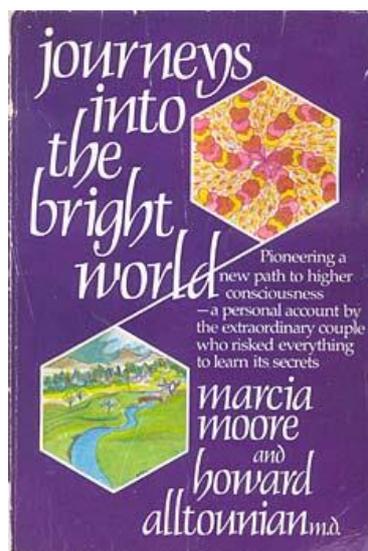
Observing light patterns on curved screen

The Belgium artist, John Fischer designed the “Turf Room”- A Contemplation Environment, at the Museum of Contemporary Crafts, NYC in 1970. The walls and the floor of the environment were lined with fresh turf with a skylight to admit daylight. This period saw many new explorations into special environments to experience sound and light.

One aspect to Ketamine I enjoy is how hearing is sensitized. Usually the eyes are closed, but hearing is acute. Actually very little sound is needed to stimulate a Ketamine journey. For this reason subtle sounds, I believe, are more suitable for enjoying the experience. Ketamine enables the Mind to be in touch with such a comprehensive space that the totality of the experience is sufficient stimulation. In a sense the universe and the mind fuse into one experience which is why I titled this paper "The Universe and Ketamine".

The human being is a by-product of all the forces in the universe, and Ketamine allows one to experience the emergent, unfolding process of the mind into the universe. Mind Parlors, therefore, act like antennas into space and time. I have primarily been recording my own sessions with pen and paper. I am also interested in drawing images of my impressions. Small tape recorders or paints could also be made available to record or recreate any impressions.

In 1978 Marcia Moore wrote, *Journeys into the Bright World*, pdf.textfiles.com/books/journeysbrightworld.pdf describing her beautiful experiences with Ketamine that could be artistically represented.



One quality of Ketamine that is sure to please everyone is a sense of love and well being. There is a sense of the wonder of life and an appreciation for all living things. Mind Parlors can be symbols of life giving energy.

A Mind Parlor should emulate the attunement of the senses. On Ketamine any space can become a Mind Parlor. There is also an integrative sensibility that becomes apparent on Ketamine, and this is an excellent way by which to understand one's own psychic forces or symbol arrangements by which to perceive the world and develop new concepts. The Ketamine experience is a motion experience. Once Ketamine takes effect it enables the psychic forces to travel freely in the universe of the mind. This universe includes experiences of the past, fused with the present, and joined with the future.



The Universe on Ketamine opens up a whole new realm of what can be possible.

Part I: A Personal Documentation of the use of Ketamine:

November 18, 1978 12:45 a.m.

This evening was my first encounter with Ketamine. At the time I was living in the Admiral Hotel in San Francisco on 608 O'Farrell street in room 62. It was brought over by two friends who asked me if I wanted to take some Ketamine. At the time I had never heard of the substance and was doubly worried when I learned that you had to inject the substance. I was very upset mostly because the two friends were drinking and I felt their demeanor was not fit to do whatever they were doing. Being as I was unfamiliar with the Ketamine one of the friends injected the substance in his arm while standing and shortly thereafter fell to the floor. I did not know what was going on so I called a Dr. to find out. I learned that the dosage that was taken was safe and I need not worry for these people.

I then took 20mg orally with two glasses of wine. At this time the other friends were still wanting to do more with the injections and I kindly asked them to leave my quarters. Being left alone I laid down on my bed and felt a warm glow come all over my body and I recall liking this sensation. At this time I learned about the brand name Ketalar and the calibration of the syringe. The syringe was a 3cc 25 gauge & 5/8ths, and the dosage amount for me was placed at 20mg but then it was injected into a small glass of water and a chaser of wine. After this experience I did not follow up on this drug Ketamine, nor did I ask anyone about it. During this time I was preparing my sound studio for The Ether Ship electronic music ensemble on 1708 Waller Street. On Feb 12th 1979 I moved into 1708 Waller Street with Lawrence Lauterborn.



1708 Waller Street Studio SF, CA: R to L, Willard Van De Bogart, William Jackson, Lemon DeGeorge

2 years elapsed.....

On November 21st 1979 I moved to San Pedro, California. On October 1st 1980 I moved to Pittsburgh. Pa. to attend the Masters program in the Information Science Department at the University of Pittsburgh. On November 3, 1980 I began work with the NASA Industrial Application Center at the University of Pittsburgh. It was the same building I was Director of Media Communications for the Graduate School of Library and Information Science from June 1971- Sept 73. I began calling to see where the people went I used to communicate with in the early 70's. It was at this time I uncovered that a phenomenon called Networking was very popular. This awareness grew to such an extent that I wrote and published an article on Networking and it was also at this time that Dr. Rolf Von Eckartsberg and myself developed the Network for Nootropic Information and Research. It was at this time Nov. 14th I had been introduced to Marcia Moore's book Journey into the Bright World. Dr. Von Eckartsberg had this book and suggested I read it. It was at this time I learned where I could find information on Ketamine. During the next year I collected many papers on new drugs and things to assist the mind. I moved back to San Francisco on November 15th 1981 after completing 1 semester at Pitt and writing two papers on networking. Most of my time spent during the last part of 1981 was devoted to Ether Ship Productions. However, early in 1982 I began to assemble more information on Ketamine and finally compiled all my research notes into a booklet titled Mind Tribes. Soon a friend of mine bought some Ketamine and then one evening in May 1982 I was administered a 50mg injection by a male nurse; a brother to my friend. I found the experience to be absolutely delightful and it made me recall all the nice things Marcia Moore said in her book.

It was at this time May 1982 in San Francisco I was completing contractual arrangements with Sandra Wilson and Lemon DeGeorge in producing a record album of the artist Pauline Anna Strom.



Record album produced by Ether Ship Productions 1982

I had also sold several booklets on Mind Tribes and as a result of this booklet and meeting others who were interested in Ketamine I met someone who had done quite a lot of Ketamine and he bought my booklet as well as some Ketamine. I gave a lecture to the Foundation for Mind Being Research in Cupertino California where I sold two more booklets as well as another person who wanted to buy some Ketamine. By this time I could see there was an interest in Ketamine more so than I thought. Before I left San Francisco on June 15, 1982 to return to Pittsburgh my friend gave to me his unfinished bottle of Ketamine and some syringes. After adjusting to my new living space on 12 Woodland Road in Pittsburgh, of which I moved into on June 26th, it was in early August 1982 that a friend of mine wanted to take some Ketamine. I gave him an injection in the arm of 30mg as a result of having learned the technique in San Francisco in May of 1982. At this time I did not take any because I was not ready and I wanted to see what someone else thought about it.

August 28th 1982 12:00 a.m.

This evening I was having a few beers with my friend and he asked me if he could do another Ketamine experience. This evening I decided to have my friend who is studying to be a paramedic to administer a Ketamine injection. On this evening my first injection was 30mg. This was 20 mg less than the first time but since I was drinking beer I did not want to do too much. I sat down and experienced a very expansive comprehension of the universe and how many things were indeed connected on many levels. I have learned that it is very difficult to

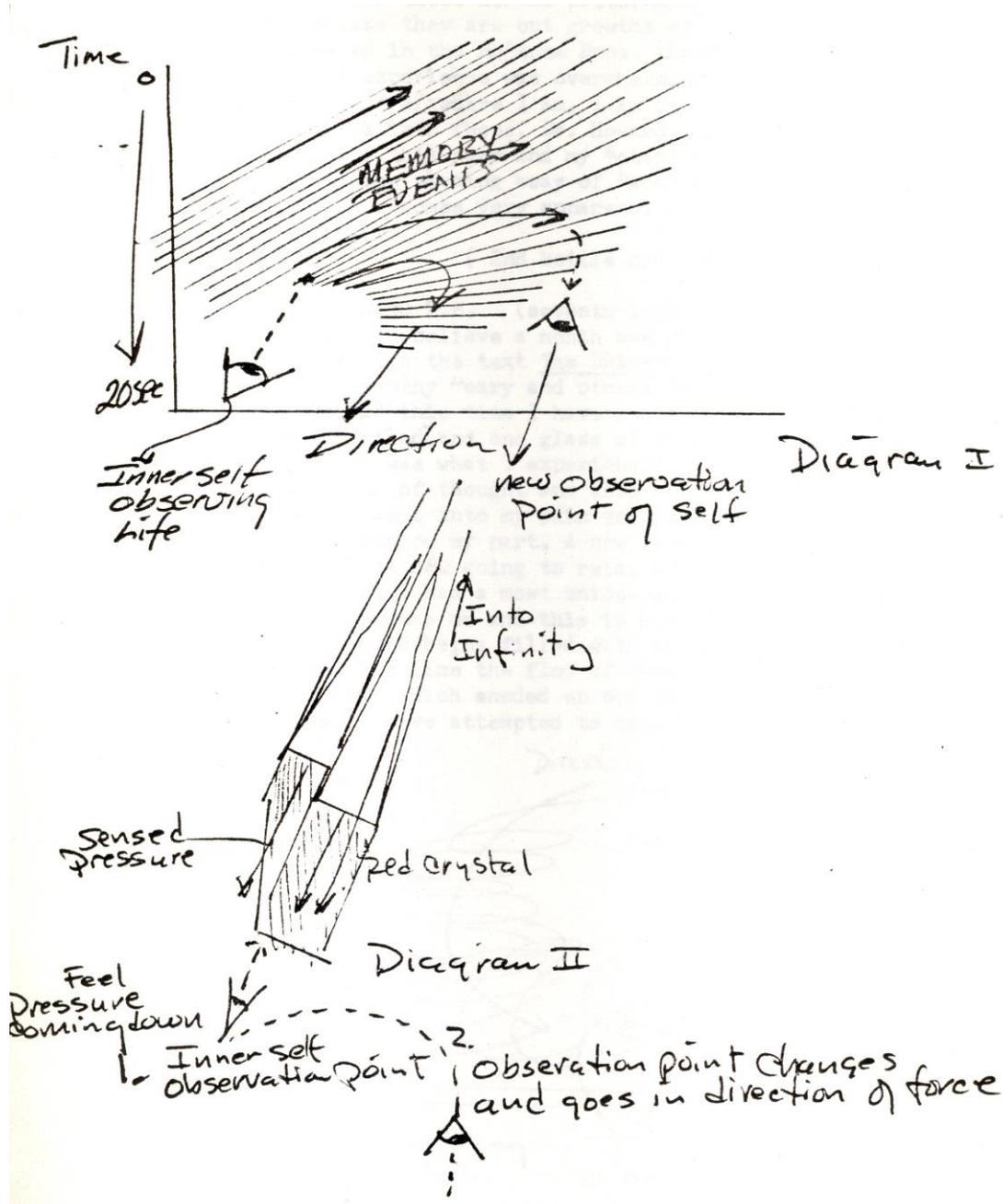
describe a Ketamine experience since the images and the understandings are so very comprehensive. After this initial 30mg wore off, to some extent, I had another 30mg administered by my friend. This was a booster technique. At first I did not think this would be markedly different from the first 30mg but it was here I discovered that this time I entered a very different experience than ever before. I had placed my head in my hands while on my knees and it was as if I were holding light. I saw a lot of light objects. It was as if I were holding my head in space. I was in space or in a 3-dimensional world all moving quite rapidly.

September 2, 1982 11:50 p.m. 30mg just before retiring.

This was my first self injection. It was such an experience that I wrote a whole lot on the psychology of the needle and how to administer an injection. This was a very easy entry into my upper thigh. It was very quiet. I want to experience the effects of this first self administered entry into my body. 1 min has passed and no real discernable or noticeable effects. 1:30sec. and I still write. I begin to sense near the two min. mark. Now there is a soft feeling slowly entering my body but not unpleasant. At 2:30 sec. the effect is entering my mental domain and at 2:45 sec. going to 3:00 min. is very noticeable. After 3 min. the effect is stronger. I now feel my entire body has been affected the entry at 3:45 sec. is nearing excursion time. At 4:00 min I feel it in the mind. The mind feels. But to say the mind feels does not presuppose the body does not. How do you describe this experience? I believe Ketamine makes available a space for our accumulated knowledge.

September 4, 1982 Sat. before retiring 35mg

It is here that the Universe and Ketamine title comes to mind. The needle is the first step. I want to explore new associations or my own mental processes. The mind is experiencing more things and is aware of more things. The mind comprehends more space and is concerned over the life on this planet. I write these ideas as the Ketamine takes affect and it is now working. After this Ketamine experience (my 5th injection) I had experienced a lot of movement and different directions of thought. The difficulty here is to describe that direction. Some sketches aid in this complexity.



An interesting finding is to flow with the direction or go into the direction of the mental wave front rather than confront it directly. The mind or the Ketamine experience seems to be more enjoyable when you relax and just allow these movements to take on their own direction. In this way I believe you can experience the innate molecular patterns on which these forces and electrical and chemical fields follow. This is a very advantageous when you have to see associations in the real world.

September 5, 1982 45 mg (sixth injection)

Much organization to prepare a booklet on my own experiences is now underway at this time. This time on the Ketamine I am going to look for those mental patterns and corridors of my own mind and realize they are outgrowths of universal forces. I am very interested in the McKenna Bros. theory of "conrescence". This Ketamine experience was overwhelmingly powerful in allowing me to see the context of where I am. I am beginning to bring all the elements of my life into focus. Dr. Howard Landy had made that comment to me in June of this year and my Ketamine experiences included him this time and the passing away of his wife Naomi. The location in time and space becomes very apparent.

(2nd bottle arrives)

1982 50mg 8:00 p.m. (seventh injection)

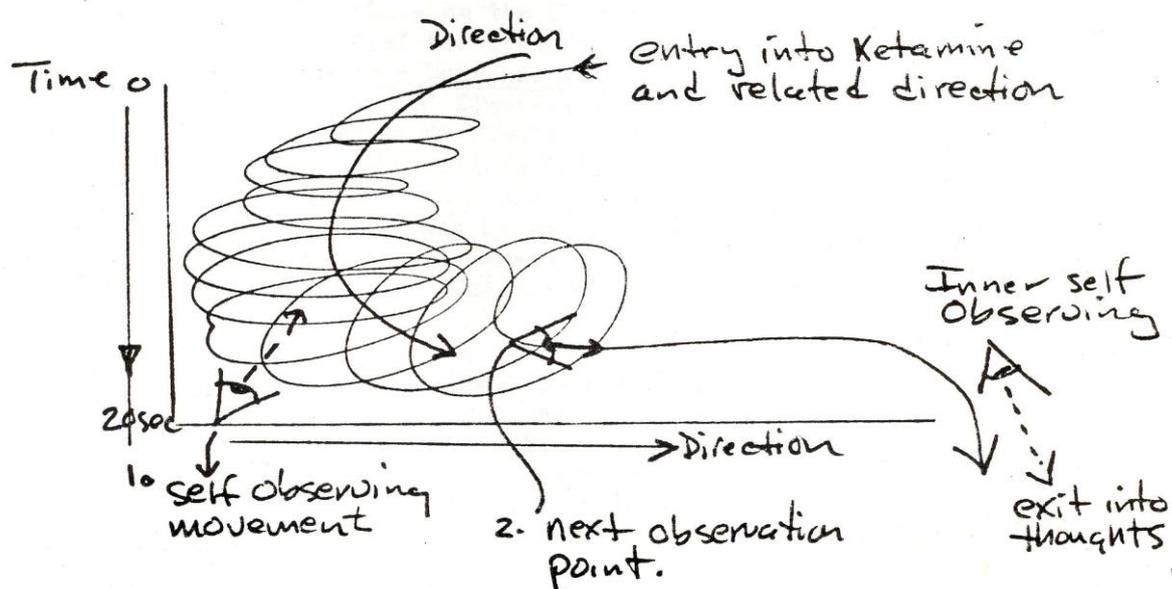
It is hard to believe a month has passed since my last experience. I have written the text *The Universe on Ketamine* and it has been given to Timothy Leary, which is mentioned in his personal archive under item #50, http://www.dennismcdougal.com/files/ArchiveofTimothyLeary_appraisal_by_box.pdf, and others who needed Ketamine. The tone is now research and this time I have had a dinner of Knockwurst, steamed broccoli, macaroni salad, and one glass of wine. I am relaxed and will now do 50 mg which was what I experienced in San Francisco. I will be looking for patterns of thought and also a synthesis function.

The needle went into my skin very easily as I did not feel it. There was no hesitation on my part. A new level of using the syringe has been reached. I am now going to relax and look at my thoughts. Time elapsed about 1 min. I had a most unique entry this time. I felt the Ketamine slowly overcome me and this is hard feeling to describe but it is as if you were being filled with radiant energy. It is a wonderful feeling. This time the flow of thoughts seemed to be an ever more complex vortex spiral which ended up out into a vast space of visions and thoughts. I have attempted to draw this.

One of the experiences in this Ketamine excursion was the sense of comprehension.

Part II of this experience:

I got up before the Ketamine had completely worn off and I walked out into the evening air with the trees, crickets, and night breezes. It was as if I was walking in a cloud. My stability was not perfect but I was not around any people and the roadway was not busy and it was dark with the gas lamps burning brightly.



I went to a local pub and had some beer, a glass of wine and a drink of vodka. I returned at 12:45 a.m. When I left the pub I felt better but now after the alcohol I do not feel as well and want to return to my Ketamine world. If only I could write about my Journey's better.

October 1, 1982 50mg 1:00 a.m. (eighth injection)

I do like how the Ketamine comes on. It fills the system with a warm feeling as you know you are entering the Ketamine experience. To me this is the best aspect to it. This time I have alcohol in my system but I think things will be O.K. It takes about 4 min. So as I sit here and write. I am awaiting the sensation of the Ketamine. This seems to be so much more complete. The domain of the mind is so much better.

October 3, 1982 50 mg (ninth injection) 11:00 p.m.

Today I went to a health spa and exercised and took a good steam bath. It's nearing 11:00 p.m. It was a relaxing day. I attempted to describe this experience to Rolf and Elsa Von Eckartsberg. We discussed neurotransmitter enhancers. So before this Ketamine experience I am having some hot tea and a fig newton. Integrative functions are important. I see them mentioned in the Journal of Cognitive Psychology by Marilyn Shaw Sept. 82 issue. However, I need to be able to describe the experience. It seems so much activity occurs on Ketamine. Its hard to put it into words. I am very relaxed this evening.

October 6, 1982 1:00 a.m. 50mg (tenth injection)

I just read an article on the Universe ••• It is infinite ••• with this in mind plus a cup of tea I should have an exciting journey. I have expanded the book The Universe and Ketamine to include Rolf's article on Maps of the Mind, and Zimmerman's, The Universe an Unscientific Approach. Again it is difficult to write about these Journeys. So I have to try and extrapolate into seeing (awareness) signs in my every day world. Perhaps a breakthrough will come.

After this journey it was by far the best journey yet. It was an orchestration of the (Universe) Inclusive. My experience was Sublime. It was fascinating, grand, and connected to life.

October 6, 1982 11:30 p.m. 55mg (eleventh injection)

I am trying to get a concept to write about. I had a glass of milk, peanut butter and raspberry jam sandwich, 100mg Vitamin C, Iodine, and Liver tablet. This time I am going to try to see what relationships are taking place. Why am I fascinated? Is there real world applicability? Is it only an internal affair? Can I learn from this?

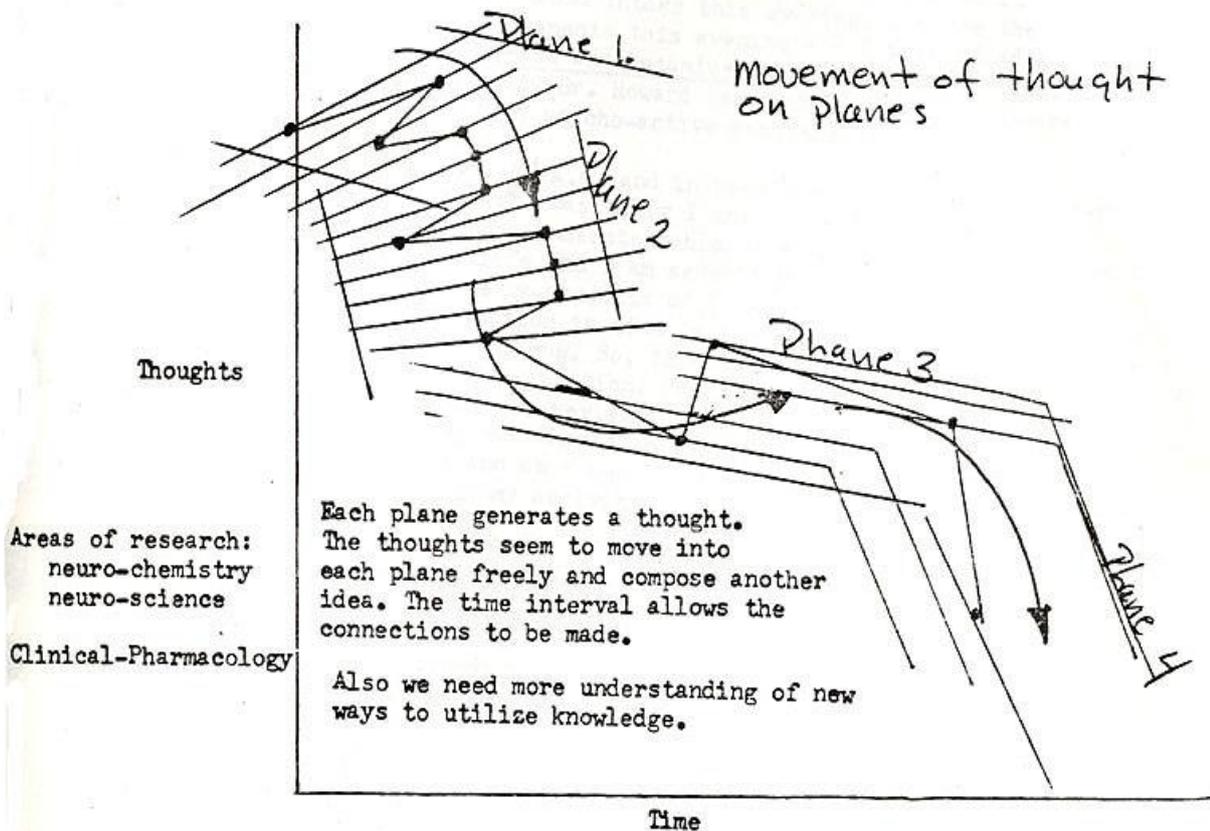
October 10, 1982 50mg 11:15 p.m. (twelfth injection)

Again I am going to experience Ketamine. Rolf says he is going to write on a unified field theory of existence ... i.e. the mind. He sees how all the models of the mind are connected. In OMNI magazine they have an anniversary issue on the MIND. I read Pribram's interview. The synapse set up a wave field. I am very convinced that the entire universe or living space is connected already. The Von Eckartsberg's Psychosphere is here, and the Noosphere is here. Since it has been conceptualized it has to be experienced. I am sensing some of my own awareness. I will have to explore more and write more. Below is another attempt to making a diagram of my movements of thought. I call it the "The architecture of thought fields".

The diagram on Time is one I drew in 1971 while on marijuana. I think there is a similarity in these diagrams. It points up that that how one observes the world and the internal world are expressed the same which indicates to me a strong connectedness between external and internal reality. On this Ketamine experience I disappeared into a world very different from the one I am living in from day to day. I did it just before retiring so I went from one world into another of sleep. This Ketamine is unique. It's like seeing and hearing, and feeling another life.

October 13, 1982 50mg 12:00 a.m. (thirteenth injection)

This evening I took Ketamine, but since I was tired and since there was a lot of activity during the day I did not seem to have the same mental experiences although they were quite extensive. These late night experiences are usually followed by direct sleep.



October 15, 1982 55mg 12:00 a.m. (fourteenth injection)

This evening I've begun to type up my experiences and since last evening was quiet with Ketamine I'd like to do it again. I have had low food intake this evening. I sense there is a fusion of all the elements this evening and I have added a new article to the Universe and Ketamine by the Psycho-biologist Sperry given to me by Dr. Howard Landy. Dr. Landy is unaware of my research with psycho-active substances.

NEXT MORNING:

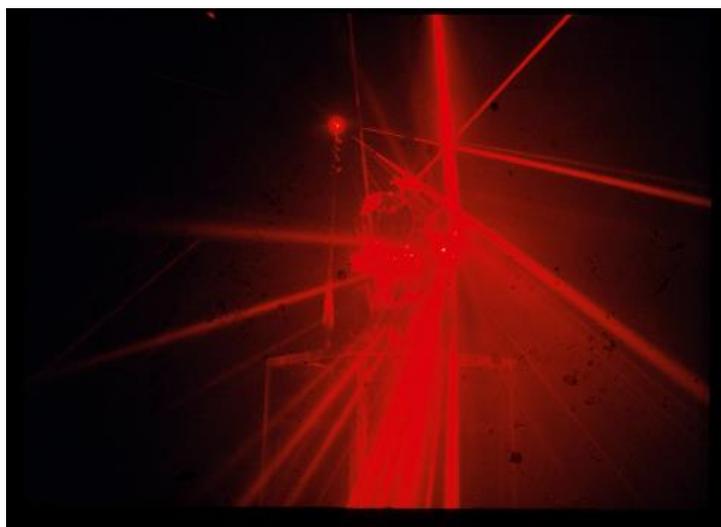
It is now 7:00 a.m. and in recalling my experience I can say it was superb. Basically I think the integrative function is becoming more understandable. I am seeing how many parts there are to my own life and I am sensitive to time moments and how events in time are by-products of interactions with the event world. Obviously motion in time is the way these interactions change to creative actions. So, time is not so much a linear passage but an interactive transition. Every part plays a role in the growth of culture. I have reviewed basic Theoretical Concepts of Humanistic Psychology by: Charlotte Buhler of Los Angeles. This is the study of the person as a whole. It is included with my autobiography papers documenting my activities in life.

October 16, 1982 60mg 8:00 p.m. (fifteenth injection)

Its early evening and I am going to do Ketamine and then return to write about the experience rather than go directly to sleep. I have typed up more of my experiences and the Universe and Ketamine booklet is completed. This evening I am going to do 60mg's preceded by a hot cup of tea and honey. At 5:00 p.m. I had a glass of orange juice, ham, lettuce, tomato, mayonnaise for a whole wheat sandwich with a vitamin E, Super B Iodine and a desiccated liver tablet. I took a 1 hour rest between 4-5 p.m. I began typing more of these experiences and I now feel my own research is nearing a casual scientific method. The needle entry was smooth with no feeling of it entering my body. This dosage is higher than any I have taken. 1 min. no effects. I believe Ketamine makes 3 dimensional what in our normal imaginings is only 2 dimensional. 2 min. have passed. It is cold outside, clear evening and I am beginning to feel the Ketamine come on. So I will rest. It is now 8:45 p.m. I am writing, doing writing. Pam is at Magna Graphics. It is now 9:00 p.m. and I turned on the light and the radio. I played the radio. I played it like I used to play the synthesizer. I am listening to white noise. I then turned it off. There is something going on with this human. I can see the ink flowing out of the end of this pen as an indication that consciousness wants its own thoughts to be written down so they can be seen. Attached a diagram and comments done Dec 24, 1972 to express placement of self in reality with thoughts.

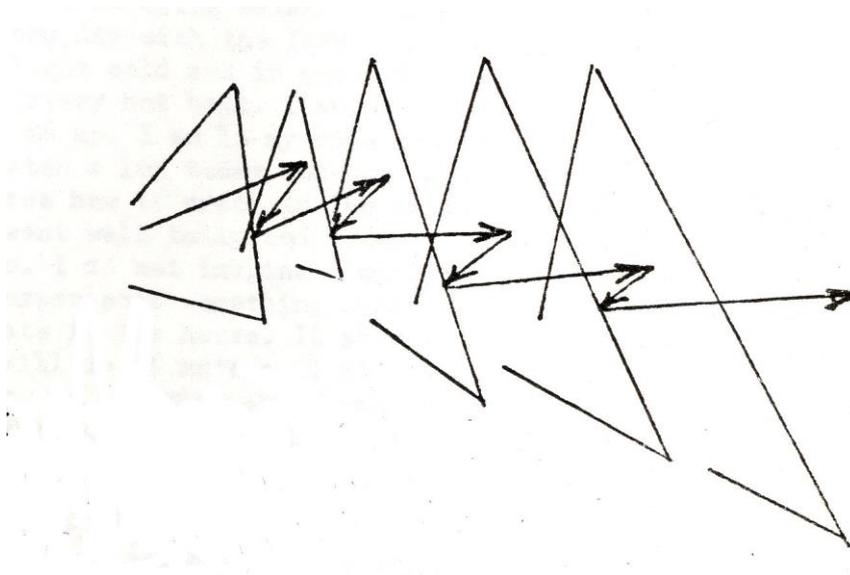
October 16, 1982 continue 60mg 8:00 p.m. (fifteenth injection)

But I did use the radio to make a unique sound because I knew this sound was related to some thoughts. This is similar to the thoughts I had when I was observing the light patterns at the American Cultural Center in Paris France in 1975 when I created a laser projector installation titled "Infinite Vision".



Infinite Vision laser installation, American Culture Center, Paris, France, 1975

At this time in June of 1975 I took LSD to look at the reflected laser light on the walls. It was here in Paris that I saw a close relationship with light patterns and the flow of thought. This leads me to believe that the reflections in the world are closely associated with how we think. This could be the interference patterns that Karl Pribram talks about with a holographic theory of consciousness. It is possible we not only are light beings but are held together by forces of sound and light. Below is another diagram showing a corridor of light. This diagram attempts to show thought going through triangulated corridors with reflective surfaces. The thought moves by reflection. Similarly we see reflected light off of objects in the real world. Thoughts behave in the same manner. At each point of reflection an interference pattern is created and transmitted along the corridor so that each new thought contains the previous thought.



Thought Reflections

October 16. 1982 Part II 60mg 9:15 p.m. (sixteenth injection)

Incredible I did a booster of 60 mg's finishing the bottle at 9:15 p.m. 1 hr. and 15 min. after that first 60 mg. This is 120mg within a small period of time. I did not feel the needle go in at all, and it was difficult writing about my experiences with the 1st 60 mg. I wrote a little but this is double the 30/30mg experience. Here the Ketamine comes. I have to stop writing. The time is now 10:15 p.m. Well, it's not skiing but it is thinking. The mind is a power house. There is no questioning that. The 60mg booster provided me with an unquestionable realization of the potential of the entire combination of all forces.

This world is a creative imaginative synthesis. I think I'll send Mrs Hyla Reiser a card. I finished the bottle am I think I finished this level of research. It is a growing awareness we have and that is what I am sensing. The other reality is if mankind can collectively realize his potential then the planet can advance. Perhaps my presentation in November in Washington D.C. for IAEWP (International Association of Educators for World Peace) will reflect that. The title of that paper is: Designing Decision Strategies within an Information System for Consciousness Evolution. (Appendix 1)



Photo of participants at IAEWP World Congress III
Georgetown University, Washington, D.C. November 25, 1982

November 24, 1982 1:50 a.m. 75 mg (17th injection)

I had a long talk with Carol Rosin's partner about the connectedness to the Universe which Ketamine allows, and I have given to him to read my personal documentation thus far with Ketamine. Tomorrow I will give a talk for IAEWP Third World Congress at Georgetown Univ. I want to feel the synthesis in the air around the D.C area which is why I will do 75 mg this evening. It is now 2:30 a.m. Many plants are in this room of the house. There is a small disconnect with my reality but that is all right. The dogs are barking outside and this room is full of plants. I also hear geese on a local pond. I am now contemplating doing another 50mg's on top of the 75mg's. There would be a small percent left over for tomorrow but by 1 p.m. it would be worn off. For a while I thought I was ET and was saying ET phone home. It's all o.k. I feel this mental motor or mind power ••• onward ••• I am in Clarksville, MD and I did not do the extra 50mg's.

November 25, 1982 9:45 p.m. 30mg Clarksville, MD. (18th injection)

This time I am doing Ketamine as a recreational experience and it has been a long day with the IAEWP members and Thanksgiving. I am tired with a slight cold and in general feel ill. Music is playing and I have had a very hot bath. I am at Carol's house. The lights are all on and I am up. I am in my robe and two people are still up and talking. I have eaten a lot today and now I have some apple cider by my side. I want to see how to react to the Ketamine as a recreational drug. My lecture went

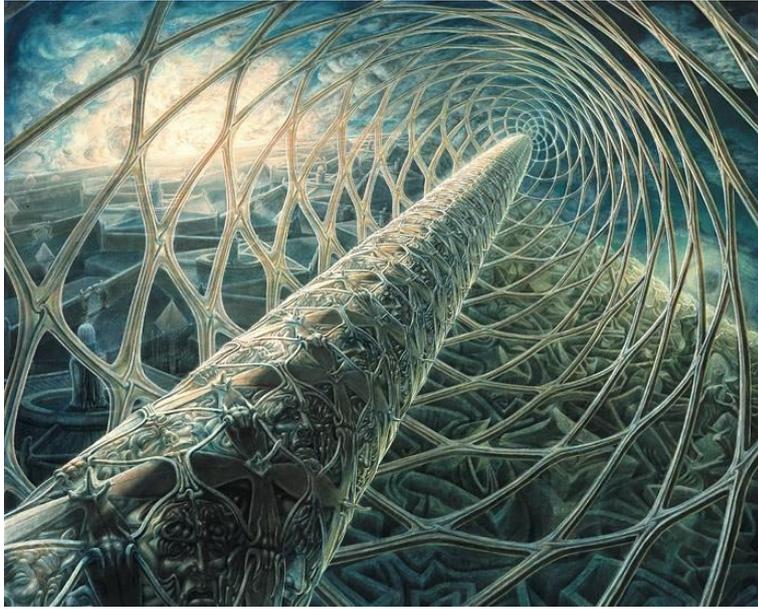
Well today and tomorrow I want to go to N.Y.C. for the Whole Life Expo. I do not imagine I will be too removed. with 30mg's, but I do want to experience something other than being tired and a bit allergic to the cats in the house. It should be a calm relaxing short experience. Later I will do 75 mg's as I did last evening. The 30 mg was relaxing and I was able to listen to the music and feel very relaxed. Carol came in and I talked to her for a while I think this is a good way to unwind.

November 26, 1982 12:45 A.M. 80 mg Clarksville Md. (19th injection)

Now that I have re-adjusted to Ketamine I want to experience the effects after the day's events of making a presentation for Peace utilizing knowledge systems. This will be the largest dosage to date and it is Ketaset mfg. by Bristol Labs. I enjoy the various mental fields and hope more arise. I arrived home at about 1:15 a.m. Shortly after, I took my dosage. I got up and I had a discussion all the while the 80 mg's was wearing off. I had wanted to discuss ideas with my friend since I respected the way he had managed his life with his veterinarian profession, acting profession, gardening, and his home with Carol. I learned from this conversation that many areas or experience in ones life is connected, but in conversation it is difficult if not impossible to speak of all of them. It seems that my lecture on Thursday also had many elements to it. The application of thought to action was another concept brought up by Dr. Prachoomsuk Achava-amrung, president of IAEWP and faculty of Chulalongkorn University in Bangkok, Thailand. My goal now for N.Y.C. is to try and uncover business opportunities in music or other related areas as a result thus far of producing the Pauline Anna Strom album with Ether Ship Productions.

November 27, 1982 12:20 a.m. 50mg's - N.Y.C. (20th injection)

I am sitting in the studio of De Es Schwertberger and wish to again be recreational with Ketamine. De Es is painting and I am sitting looking around and at the same time I know the Ketamine is soon going to take effect. I think Ketalar is very good. My experience this time was and still is intense. It is as if process itself was the art. I think the word art has to re-defined. This 50mg was extremely intense. This time I believe that combining marijuana with Ketamine is very effective and it intensifies the experience. Prior to the Ketamine this Fri eve I was not feeling well. I drank a lot of Boneset tea and smoked some very strong marijuana. This was of the Kona Hawaiian type. My experience, as I mentioned, was very intense. I help De Es take some Ketamine and he handled it very well and he even walked around and made sounds in relation to his painting which I sensed was his way of communicating with his work. However, he did have two repeated vomiting side effects. I believe this was triggered by my putting on some very spacey music. This music triggered the Ketamine effect even more. Music will cause psychic motion and De Es did not process this new input. On Saturday I learned from CNN in New York that Dr. John Lilly just lectured on Ketamine in Boston. I plan to get that lecture on tape. My conversation with a close friend on Thursday eve while on 80mg reminded me of my use of acid in 1975 to look at my laser projector installation at the American Cultural Center on 3 rue du Dragon in Paris. Fr. Also I talked about maximizing the time line or the life force. The most remarkable experience was De Es's slide show. His vision is absolutely profound and he sees how man's new found powers will carry him into the future. Web site for De Es; http://www.dees.at/start_en.htm



Art work of De Es Schwertberger

November 28, 1982 11:00 p.m. 50mg 123 Woodland Rd. Pittsburgh. PA. (21st injection)

This evening I want to do Ketamine as a comparison of the effect with the one I had in N.Y.C. at I have had an apple to eat and dinner at 6:00 P.M. I am alert and feel fine. This experience was interpreted as love energy. This is the strongest life giving energy for it represents growth and is growth oriented. It is a total joy to experience this moving force.

November 29, 1982 10:10 P.M. 60mg Pgh. PA (22nd injection)

Now I am concerned with the mind processing my most strategic involvement in the planetary life force to best maximize my particular atomic configuration to cause fusion of my energy with planetary energy. I'll program this thought form prior to my injection. The experience showed how fused everything really is. The message is that thoughts are indeed connected already to all actions.

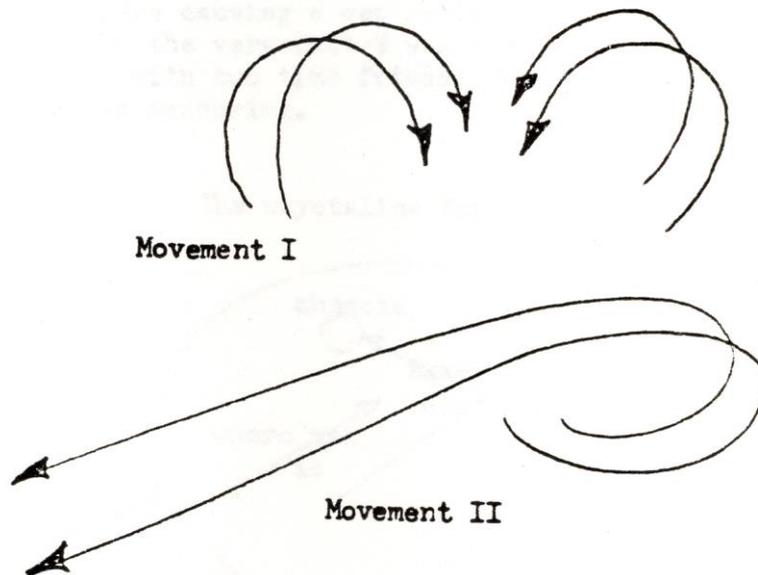
November 30, 1982 11:15 p.m. 75mg Pgh. PA. (23rd Injection)

Tonight once again I wish to experience the very unique world which Ketamine provides. I now know it is very difficult to write about these experiences. But I must try. This injection was excellent. With so many things on my mind I did not experience very much. So I will suspend the injections until my final exam is finished in IS 278 in the Information Science Dept. at the Univ of Pittsburgh.

December 2, 1982 11:00 p.m. 80mg Pgh. PA. (24th injection)

This evening I exercised at the spa and took a long steam bath. My final exam is over so I think I may be able to experience more things. The ability to describe the experience is needed. This experience was overwhelming. It was a total movement experience. I believe I heard voices and I was an observer to another environment.

These voices could of been coming from my experience or from outside. There was a feeling of being very detached from myself, and the direction of movement was enfolding. I saw many real life situations but I am unable to recall them. The diagrams show the directions of the movements I was experiencing.



December 5, 1982 2:00 a.m. 50mg Pgh. PA. (25th injection)

This was done after an evening of heavy eating and drinking at a Xmas party. I did this before retiring so that I could go into a deep sleep. I do not recall any experiences this time. It is obvious that the state of mind has a great deal to do with what you do experience. I can safely say I am experiencing no side effects. I have been going to the spa. My weight is 164 lbs and I have increased in size most of my major muscle groups.

December 6, 1982 12:00 a.m. 50mg Pgh. PA. (26th injection)

This time I took 50mg and my good friend Roy Brown took 50mgs. This was done to initiate conversation while on Ketamine. By so doing you feel very calm and a sense of how things in your life and in the world seem to come together. This time I had the definite sense I would like to work with others to explore an intelligent mind expansion parlor or salon. Naturally regular activity cannot be accomplished, but hearing one another from a more expanded framework allows new ideas to stream into open dialogue while on Ketamine. It was as a result of being up and conversing with my friend while on Ketamine that I felt that I would draw my experience. This began by drawing a circle. It was an attempt to depict how I was perceiving the event world. Man is moving in time or in a force or some sort. The circle was an attempt to encapsulate myself in time. Then I drew a line representing my movement but then I became aware of objects and the distance objects have between one another. I realized that I was in a measurement thought form since I had to differentiate the distance as well as the size of the object.

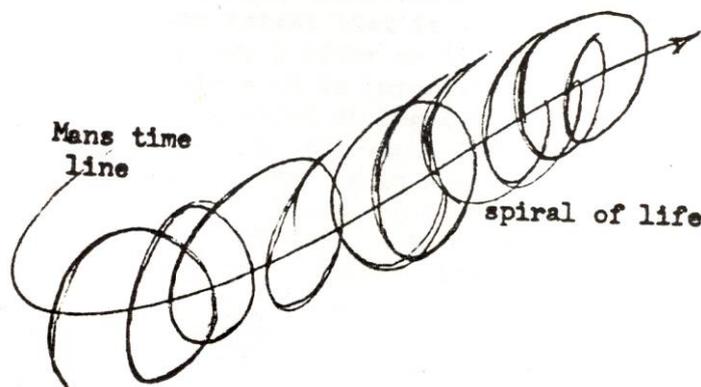
It was at this point that I realized that it was orystaline forces which were causing a separation from my experience. By this I mean by the very fact I was drawing a line I was creating a boundary with two time frames. The one I was experiencing and the one I was measuring.

December 7, 1982 10:10 p.m. 100mg Pgh. PA. (27th injection)

Today I rested from 4:00-5:00 p.m. Then I had a good late dinner of steak, corn, and baked potato with tea and a fig newton. Then a new synthesis function occurred where I pulled all the articles I've written since 1968 and a paper I did at Ohio University in 1963). This represents a compilation of work as a possible start in writing my book on a host of ideas.

From. 7:30-9:00 I went to the health spa and exercised and took hot steam baths and a Jacuzzi. It is my opinion that it is essential to have the body well exercised. This allows good blood flow, muscle toning, respiration, and in general the ability to feel the body coordinate itself. To me there is a direct linkage between learning more about the way the mind functions as well as the way the body responds to exercise with coordination of muscle control. It is also important to take long walks for a full exercise program. When I returned home from the health spa I had a tall glass of orange juice and got some nice fresh air and looked at the stars in the evening sky. I believe I am now ready for the largest single dosage I have yet taken (100mg). To me this is a definite sign that I am confident in handling the effects of Ketamine and am very prepared to experience the Ketamine Universe. The last time I went to the health spa I came back and took 80mg and I recall that was a very good experience. This time the needle entry was smooth and there was no trouble injecting 100mg. The time is 10:28 p.m. I suspect this will last a good hour. Time 11:22 p.m. I can still feel the Ketamine as I write this. It is very apparent to me that mind and body are very precious.

Dr. Helen Billings came to mind and I recall her phone conversation as well as meeting her in person. <http://www.mepiforum.org/about.html>. At 81 years of age she is truly a remarkable woman. This amount of Ketamine is like running your life on direct current. The higher dosage allows you to fuse your mind since it is so much a part of your immediate world. The diagram represents a time line inside a spiral path way representing mans journey through time.



Ref. ICTTE 1984 Management of Technology and its Limitations. Proceedings International Congress on Technology and Technology Exchange.www.gbv.de/dms/tib-ub-hannover/017830117.pdf